

KNIGHTS



North Elmsley Public School

February 2024 Newsletter

Principal's Message

Dear Families,

We have had a great first month back at NEPS. I am getting to know all of the students and staff and many of you. I feel so welcomed in the North Elmsley community. As we plan for February 2024, please find highlighted information that you may find helpful as you plan.

Shared below are important dates to keep in mind:

- Feb. 1st – PA Day
- Feb 7th – Wear Plaid Day
- Feb. 7th – School Council Meeting at NEPS (6:00-7:30pm)
- Feb. 8th – Kindergarten Parent/Guardian Info Session (3:45-4:15pm at NEPS)
- Feb 14th – Valentine's Day -Wear White/Pink/Red
- Feb. 15th – Term 1 Reports Sent Home
- Feb. 19th – Family Day
- Feb. 21st – Wear your hat in the Classroom Day
- Feb. 28th – Pink Shirt Day

A permission form for skating on March 7th and 8th just went home with Grade 1 – 6 students. Please ensure all consent forms are returned to the school by February 26th.

Thank you for your continued support! If you have any questions, please reach out to the school at any time. Looking forward to another great month ahead!

Kami Link
Principal – North Elmsley Public School

School Council

The upcoming Council meeting is taking place on February 7th at 6:00pm in the library at North Elmsley Public School. All are welcome!

Kindergarten Registration



North Elmsley Public School invites Junior Kindergarten and Senior Kindergarten aged pupils to register for the 2024-2025 school year. Senior Kindergarten pupils must be 5 years of age on or before December 31, 2024. Junior Kindergarten pupils must be 4 years of age on or before December 31, 2024. If you have a child or know of a child who will be of Kindergarten age, please call the School at 613-267-1371 for information regarding registration or register directly through MyFamilyRoom.



Black History Month – February 1st – 29th

The Upper Canada District School Board and North Elmsley Public School are committed to providing and maintaining an educational environment that is free of racism and discrimination. We are also committed to ensuring that our students, staff and communities are educated about the valuable contributions of all members of our society and have the knowledge and skills to identify and address prejudice, discrimination and racism. Over the course of the month of February, the school will be engaged in Black History Month learning opportunities.



NEED HELP WITH **MATH?**

MATHIFY OFFERS

ONLINE TUTORING

WITH ONTARIO CERTIFIED TEACHERS



Looking to build your child's confidence and understanding of foundational math skills and concepts?



TVO Learn Mathify provides students in Grades 4 to 12 a seamless learning experience, offering FREE 1:1 online math tutoring with an Ontario Certified Teacher AND it is available during extended hours!

REGISTER ONLINE AT

tvo learn mathify

MATH TUTORS AVAILABLE

Monday to Friday from 9am to 9pm ET
Saturday & Sunday from 3pm to 9pm ET

TVO Learn Mathify is brought to you by TVO Media Education Group,
with funding by Ontario 



UNLOCKING MATH SUCCESS!

Welcome to Knowledgehook- an incredible online platform designed to make your child's math journey exciting and successful!



WHY KNOWLEDGEHOOK?

- 🧑‍🎓 Interactive games and activities.
- 🚀 Personalized learning that adjusts to your child's pace.
- 📊 Real-time progress tracking with instant updates on completed activities, strengths, and areas for a little extra attention.

HOW CAN PARENTS GET INVOLVED?

- 🎉 Celebrate achievements to reinforce confidence and motivation.
- 👁️ Peek into your child's virtual classroom to engage in conversations about what they're learning and share in their excitement.
- 💡 Support your child's learning at home with Knowledgehook's extra resources and tips designed just for parents.

CONNECT WITH YOUR CHILD'S CLASS:

1. ASK YOUR CHILD TO LOG IN AT [JOINKH.COM](https://www.joinkh.com).
2. IN THE TOP RIGHT CORNER, SELECT "CONNECT YOUR PARENT".
3. ENTER YOUR EMAIL ADDRESS.





E-Bits February 2024

For Families:

February 17th is Random Acts of Kindness day. To celebrate, consider visiting www.randomactsofkindness.org for easy, practical ways to help you make kindness the norm at home and in the community. Resources are FREE, including a kindness calendar, quotes, videos, posters, grab and go games and more!

Physical Activity Outdoors. The positive effects of physical activity are increased when it is done outdoors in nature. According to [ParticipACTION](#), being active outside can boost mood, increase energy, decrease stress and anxiety, increase physical activity and more! To enjoy the outdoors this winter and avoid cold injuries, remember to [dress for the weather](#) and learn [how to prevent frostbite and hypothermia](#).

		2024-2025 School Year Calendar		225 Central Avenue West Brockville, Ontario K6V 5X1 613-342-0371 or 1-800-267-7151 www.ucdsb.on.ca																																																																																																																																																																					
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Instructional Days: First Day of School: September 3, 2024 Last Day of School for Students: September 4, 2024 Last Day of School for Students: June 26, 2025		Winter Holiday Break: December 23, 2024 – January 3, 2025		Professional Activity (PA) Days: September 3, 2024 October 25, 2024 November 22, 2024 January 31, 2025 April 11, 2025 May 26, 2025 June 27, 2025																																																																																																																																																																					
Secondary: Sem. 1: September 3, 2024 – January 30, 2025 Sem. 2: January 31, 2025 – June 27, 2025		Statutory Holidays: September 2, 2024 – Labour Day October 14, 2024 – Thanksgiving February 17, 2025 – Family Day April 18, 2025 – Good Friday April 21, 2025 – Easter Monday May 19, 2025 – Victoria Day July 1, 2025 – Canada Day August 1, 2025 – Civic Holiday		Designated on calendar as PA																																																																																																																																																																					

2024/25 UCDSB School Year Calendar

Your feedback on the 2024/2025 proposed school year calendar is welcomed by Friday, February 9, 2024.

Comments and feedback can be submitted though the following link:

[UCDSB 2024-2025 Proposed School Year Calendar \(office.com\)](http://ucdsb.on.ca/2024-2025-proposed-school-year-calendar)



PINK SHIRT DAY

FEB 28, 2024

Pink Shirt Day, on February 28, 2024, is a day of promoting kindness and acceptance toward ourselves and others, and helping spread awareness about bullying prevention in our schools and communities.



TYPES OF BULLYING

PHYSICAL

- Hitting
- Kicking
- Punching, etc.

VERBAL

- Name calling
- Insults
- Teasing, etc.

CYBER

The use of computers, smartphones or other devices to mock, embarrass, hurt, threaten, or be mean to someone online.

SOCIAL AND EMOTIONAL

Behavioural actions which harm a child or teen's reputation or cause humiliation.

- Lying and spreading rumours
- Mean jokes to embarrass someone
- Social exclusion

1 100 000

CANADIAN YOUTH REPORT BEING BULLIED ONCE PER WEEK.

TIPS FOR PARENTS & CAREGIVERS

IF YOUR CHILD IS BEING BULLIED

- When your child comes to you with a problem, acknowledge their feelings, accept they are feeling left out or mistreated and offer to work on a solution together.
- Talk about healthy coping skills and characteristics of healthy relationships i.e. trust, honesty, respect, etc.
- Model healthy relationships (especially between parents/caregivers).
- Teach children about assertiveness and role play from a young age on how to stand up for yourself.
- Advocate for your child at school. Make sure the school understands that it's a serious problem and steps are taken to resolve it.

IF YOUR CHILD IS BULLYING

- Talk to your child about what might be going on in their lives.
- Listen and explore the situation to identify what might be the motivation behind the bullying.
- Talk about what bullying is, and healthy ways to express emotions and resolve conflict.
- Set limitations at home and reasonable consequences for negative behaviour.
- Consider seeking mental health supports to assist your child in healthy relationship skills.